


OLYMPICPALACE
LUXURY SPA HOTEL

Spa Procedures Pricelist



We are holders of an internationally recognized certificate for medical spa
www.europespa.eu

Valid from: 1. 7. 2019



HERA
SPA CENTER



APOLLO
WELLNESS



APHRODITÉ
BEAUTY

IDENTIFICATION PACKAGES

Within identification packages, you can compile your own short program and experience the comfort of your spa stay.

Or enjoy our wellness and relaxation packages that complement the beauty rituals for women and men. The goal is a balanced package of 3 treatments when each of procedure is levied on carefully targeted group A – C. The groups are set up that the resulting package is complex and the treatments then together formed a harmonious whole.

In addition to the three selected procedures each package also involves:

- one consultation with a spa doctor
- the possibility to draw any other single procedure with a special 20 % discount

SPA TASTING

Price: 1 700 CZK

A. For demanding – a special bath

1. *Vine Dionysos (Ideal for Men)*
2. *Bath Diana (Ideal for Women)*
3. *Oatmeal/Herbal Bath*
4. *Chocolate Bath*

B. Bath in motion – releasing Beauty

1. *Exclusive Dry Aqua Massage Bathtub*
2. *Pearl Bath*
3. *Hydrojet*
4. *Hydroxeur*

C. Relaxation at the end

1. *Oxygenotherapy*
2. *Salt Cave*
3. *Paraffin Hand Wraps*
4. *Inhalation*

TREAT YOURSELF

Price: 1 700 CZK

A. Warm up and relax – The right start

1. *Pearl Bath*
2. *Hydroxeur*
3. *Dead Sea Salt Bath*
4. *Exclusive Dry Aqua Massage Bathtub*

B. With the massage it is always better

1. *Aromaoiltherapy Massage – partial*
2. *Indian Head Massage*
3. *Classic Massage – partial*
4. *Hot Stones Massage – partial*

C. Relaxation at the end

1. *Oxygenotherapy*
2. *Salt Cave*
3. *Paraffin Hand Wraps*
4. *Inhalation*

WELLNESS PACKAGES

Anti-cellulite program Artemis (3 days) 5 550 CZK

Scrub, aroma massage, partial body wrap, Cleopatra bath, anti-cellulite massage with treatment

Anti-stress program Hestia (2 days) 3 000 CZK

Indian Head Massage, full body aroma massage, dry carbon dioxide bath, ingredient bath, paraffin hand wrap

Anti-stress program Vesta (2 days) 2 060 CZK

Indian Head Massage, full body aroma massage, paraffin hand wrap

Beauty program for man Adonis (2 days) 2 030 CZK

Partial massage, Indian Head Massage, ingredient bath

Beauty program for women Venus (2 days) 2 810 CZK

Peeling, sea wrap, Aphrodite bath

Children's program Juno (2 days) 1 080 CZK

Strawberry bath and strawberry massage

RELAX PACKAGES

The touch of hot spring water (3 days) 2 400 CZK

Pearl bath, hot spring bath, partial massage, dry massage bath, salt cave

Try out the SPAs (3 days) 2 000 CZK

Partial massage, pearl bath, whirlpool for legs, dry carbon dioxide bath, salt cave

Wellness & Relax (3 days) 2 900 CZK

Candela massage, dry massage bath, oxygen therapy, chocolate bath, paraffin hand wrap



MASSAGES

Classic massage – full body	50 minutes	1 300 CZK
Classic massage – partial	20 minutes	810 CZK
Aromatherapy massage – full body	50 minutes	1 300 CZK
Aromatherapy massage – partial	20 minutes	810 CZK
Hot Stone Massage – full body	60 minutes	1 600 CZK
Hot Stone Massage – partial	25 minutes	980 CZK
Detoxifying honey massage	40 minutes	1 270 CZK
Chocolate massage	50 minutes	2 000 CZK
Indian head massage	20 minutes	810 CZK
Relaxing massage with warm candle	50 minutes	1 600 CZK
Dry aqua massage bathtub (Hydrojet)	20 minutes	810 CZK
Underwater massage	20 minutes	950 CZK
Anti-cellulite massage + wrap	50 minutes	2 000 CZK
Ayurvedic slim massage Garshan	60 minutes	2 000 CZK
Massage for children/Pregnancy massage ♡	20 minutes	810 CZK
Child strawberry massage	20 minutes	810 CZK

SPRING WATER BATHS

Thermal bath	15 minutes	550 CZK
CO ₂ bath	15 minutes	600 CZK
Pearl bath	15 minutes	550 CZK
Mud bath	20 minutes	810 CZK
Oatmeal/herbal bath	20 minutes	810 CZK
Chocolate bath	20 minutes	810 CZK
Bath Diana	20 minutes	810 CZK
Wine bath Dionysos	20 minutes	550 CZK
Child strawberry bath	15 minutes	520 CZK

BATHS

Underwater massage	20 minutes	950 CZK
Hydroxeur	15 minutes	730 CZK
Antirheumatic bath	15 minutes	730 CZK
Dead Sea salt bath	20 minutes	680 CZK
Bath for lower extremities	15 minutes	410 CZK
Bath for upper extremities	15 minutes	410 CZK
Relaxing lemon balm bath	20 minutes	750 CZK
Calming lavender bath	20 minutes	750 CZK
Anti-stress herbal mixture bath	20 minutes	750 CZK
Dry CO₂ bath	20 minutes	540 CZK

ELECTROTHERAPY

Endo-Vaco ♡	370 CZK
Electrotherapy (according to the treatment) ♡	410 CZK
Magnetotherapy ♡	410 CZK
Ultrasound therapy ♡	370 CZK
Infrared lamp	290 CZK
Shockwave therapy (1 spot) ♡	750 CZK
Laser ♡	550 CZK
Underwater ultrasound therapy ♡	370 CZK



REHABILITATION

Reflexology massage	20 minutes	810 CZK
Reflexology foot massage	50 minutes	1 400 CZK
Manual lymphatic drainage – full body ☽	50 minutes	1 620 CZK
Machine Lymphatic drainage ☽	30 minutes	550 CZK
Taping ☽		410 CZK
Pneumopuncture – gas injection ☽		490 CZK
Group exercises in the gym	20 minutes	330 CZK
Group exercises in swimming pool	20 minutes	330 CZK
Individual exercises in swimming pool	20 minutes	810 CZK
Individual exercises in the gym	20 minutes	810 CZK
Osteopathy	50 minutes	1 900 CZK

FULL BODY SCRUBS AND WRAPS

Alqvimia ritual Detox	90 minutes	2 900 CZK
Alqvimia ritual Silhouette	90 minutes	2 900 CZK
Alqvimia ritual Anti-stress	90 minutes	2 900 CZK
Dead Sea salt peeling	25 minutes	1 000 CZK
Peeling Olympic + care	50 minutes	1 600 CZK
Peeling Titanium + care (for men)	50 minutes	1 600 CZK
24 Carat Gold peeling + care	50 minutes	1 600 CZK
Seaweed wrap + regenerating care	50 minutes	1 600 CZK

THERMOTHERAPY

Thermotherapy, mud ☽	20 minutes	540 CZK
Paraffin hand treatment	15 minutes	410 CZK
Paraffin foot treatment	30 minutes	550 CZK
Phytoterapeutic wraps	15 minutes	410 CZK

INHALATIONS AND OTHER SPECIAL TREATMENTS

Injection treatment of locomotive apparatus – 6x inj. ☽		3 900 CZK
Colon Hydrotherapy ☽	30 minutes	1 000 CZK
Inhalation	15 minutes	270 CZK
Oxygenotherapy	50 minutes	410 CZK
Ear candling	20 minutes	410 CZK
Oral irrigation	15 minutes	410 CZK
Salt Cave	50 minutes	270 CZK

DIAGNOSTICS

Entry medical examination	30 minutes	1 350 CZK
Doctor consultation		540 CZK
Change the schedule of procedures		270 CZK
Basic blood screening		1 190 CZK
Special blood screening ☽	according to the extent	
Glucometer		170 CZK
Glycemic profile		500 CZK
ECG ☽		540 CZK
In Body examination and interpretation of the results	15 minutes	500 CZK
Injection administration ☽		300 CZK
Change of dressing		150 CZK
Medication prescription		270 CZK



COSMETIC SKIN TREATMENT

We provide cosmetics procedures in Aphrodité Beauty Centre.

Do not hesitate to visit us or ask for the complete offer and price list at the reception desk.

WORKOUT

Individual exercises in swimming pool	20 minutes	810 CZK
Individual exercises in the gym	20 minutes	810 CZK
Group exercises in the gym	20 minutes	330 CZK
Group exercises in swimming pool	20 minutes	330 CZK
Aqua aerobics (5–6 people)	25 minutes	350 CZK
Pilates (5–6 people)	25 minutes	350 CZK
Fit ball Exercise (5–6 people)	25 minutes	350 CZK

THAI MASSAGES

Classic Thai massage	60 minutes	1 550 CZK
Classic Thai massage	90 minutes	2 450 CZK
Classic Thai massage	120 minutes	3 250 CZK
Aroma oil Thai massage	60 minutes	1 850 CZK
Aroma oil Thai massage	90 minutes	2 650 CZK
Aroma oil Thai massage	120 minutes	3 350 CZK
Thai back massage with herbal balls	60 minutes	1 890 CZK
Royal Thai massage with herbal balls	90 minutes	2 550 CZK
Royal Aroma oil massage with herbal balls	90 minutes	2 750 CZK

ACTIVE INFUSION THERAPY

Although infusion is a relatively new and specific type of healing therapy, this therapy shows the high and long-lasting efficacy in combination with spa treatment. Therefore, we certainly recommend this therapy in order to maximise the therapeutic effect of spa stay.

It is a modern way of treatment, characterized by flexibility, scalability and friendliness.

Infusions provide us very high degree of variability and we can adapt this therapy to the specific needs of each patient based on diagnostic results.

PRICE LIST OF MOST USED APPLICATIONS

<i>Infusion</i>	<i>Recommended number of applications</i>	<i>Price per application</i>
For painful spinal and joint syndromes	5 x	2 200 CZK
For cardiologists	5 x	2 200 CZK
For hepatic diseases	5–7 x	2 400 CZK
To improve brain microcirculation	5 x	2 200 CZK
Multivitamin	1–3 x	1 900 CZK
For weight reduction	4–6 x	2 400 CZK
Regenerative – basic detoxification	4–6 x	2 600 CZK
Enhancement of immunity	4–6 x	3 000 CZK
Blood perfusion of the periphery	4–6 x	3 400 CZK
Metabolic syndrome	5–10 x	3 700 CZK
For diabetics	5–10 x	3 400 CZK
Application of infusion at infusion center (without active substance)		800 CZK



SPECIAL MEDICAL DIAGNOSTICS AND CONSULTING

UROLOGY (MUDr. M. Starý)

Urological consultation including basic SONO examinations 30 minutes 4 350 CZK

SONOGRAPHY (MUDr. P. Bouška)

Soft parts (muscles, tendons, nodes)	15 minutes	1 600 CZK
Epigastrium (upper half of the abdomen)	15 minutes	1 800 CZK
Kidneys and bladder, prostate	15 minutes	1 800 CZK
Whole abdominal cavity	15 minutes	3 400 CZK
Vascular sonography	15 minutes	2 500 CZK
Breast sonography	15 minutes	2 500 CZK
Thyroid gland	15 minutes	2 500 CZK

ENDOCRINOLOGY (MUDr. R. Chrastilová)

Consultation	20 minutes	2 000 CZK
Consultation and basic SONO examinations	30 minutes	3 200 CZK

ENDOCRINOLOGY, ANTIAGING, HORMONAL DISORDERS (MUDr. I. Galušková)

Consultation, medical report, interpretation of results, recommendations, prescription of medicines	90 minutes	6 800 CZK
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DIABETOLOGY (MUDr. I. Galušková)

Consultation, medical report, interpretation of results, recommendations, prescription of medicines	60 minutes	4 600 CZK
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FRM / HOMEOPATHY / "LOW DOSIS MEDICINE" (MUDr. I. Galušková)

Consultation, medical report, recommendation, prescription of medicines	60 minutes	4 600 CZK
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INTERNAL MEDICINE (MUDr. I. Galušková)

(basic endocrinology, immunology, cardiology, internal organ diseases ...)

Consultation, medical report, recommendation, prescription of medicines	120 minutes	7 600 CZK
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IMMUNOLOGY, ALLERGY (MUDr. I. Galušková)

Consultation, medical report, interpretation of results, recommendations, prescription of medicines	90 minutes	6 800 CZK
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BIOREZONANCE, NLS DIAGNOSTICS, BIOMOLECULAR TREATMENT (MUDr. I. Galušková)

Individual consultation, medicines are paid by the patient		individual
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VERTEBROLOGY, ORTHOPAEDICS (MUDr. L. Osyková)

Orthopedic consultation	30 minutes	2 500 CZK
Consultation of vertebrologist	30 minutes	2 500 CZK
Intraarticular injection (SYNVISC ONE)	15 minutes	8 000 CZK
Pharmacopuncture of back and joints	15 minutes	2 800 CZK

PAEDIATRICS (MUDr. L. Osyková)

Consultation	30 minutes	3 000 CZK
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CONSULTATION WITH A NUTRITION THERAPIST

Basic consultation	30 minutes	950 CZK
In Body examination and interpretation of the results	15 minutes	500 CZK

Individually prescribed diet program (minimum 7 days)

– Breakfast only 480 CZK/week + 80 CZK for each additional day

– All-day meal 790 CZK/week + 130 CZK for each additional day

DiETING WITH LIGHT SNACKS (3 snacks per day, including delivery to the room)

– For spa stays FBT and FBR 850 CZK per week and 130 CZK for each additional day

– For spa stays FBS are already included

– For hotel stays and stays with half board are available only as room service menu



SPA & TREATMENT STAYS

The basis of our offer is naturally complex spa stays, which use the strength and possibilities of Karlovy Vary mineral water. Thanks to the extraordinary facilities of our spa center HERA, which is characterized not only by the pleasant environment and the modern equipment, but also by the presence of experienced physicians and specialists, we offer special and extended spa stays. Take advantage of your stay here in combination with our special offer of professional diagnostics and treatment.

SPA STAY SPECIAL (FBS)

Program: **DETOX, SLIMMING, ANTIAGING, ANTISTRESS**

It is a combination of a comprehensive spa program with modern methods.

We try to influence the lifestyle and habits of the guest in order to achieve real and long lasting positive effect of the spa stay. Lifestyle is a factor that affects 80 % of our health, and it is proven that spa stay is an excellent prerequisite for lifelong change.

We'll show you that it works!

The **DETOX, SLIMMING, ANTIAGING, ANTISTRESS** programs are complex and differ in their focus and intensity, as well as their impact on certain specific factors. After examining and consulting with specialists, a more precise treatment procedure will be determined. The choice of procedures depends largely on the current state of health of the patient.

The master treatment plan for at least 11 nights is made up of 24 procedures, including special and above-standard procedures. You can find examples of a master plans on our website (<https://olympic-palace.cz/en/stays#programy>) For stays of more than 11 nights (we recommend at least 15 nights or more), we add 2–3 spa procedures for each additional day and optimize the entire treatment for the final length of stay.

*The basic price of the programs is a surcharge to the standard spa program: **EUR 10 per night and per person, minimum EUR 150 per stay per person.***

SPA STAY STANDARD (FBT)

Standard spa program is already available from 6 nights. During the initial examination, the physician will determine the extent and composition of individual procedures.

The program includes among other 18 treatments every 7 nights and forms the backbone of spa treatment in our hotel.

Prices depend on the date of stay and selected room category and can be found in the price list of the spa stays.

SPA STAY RELAX (FBR)

A lighter version of the standard spa is a spa program Relax. This program is available from 3 nights and includes 2 treatments per each paid night.

Relax program price depends on the price of a standard program, from which is deducted EUR 10 per night per person.

NOTES TO THE LIST OF PROCEDURES AND PRICING

Marked procedures & require consultation with a doctor.

Procedures listed in bold are the basics of the spa programs, but the composition of programs are individually determined by the physician based on your current indication of health.

Prices are listed in CZK and are final, including VAT. Our serving staff will gladly tell you the price in other currencies, based on the current exchange rate for the Czech Crown. The prices could be changed anytime.



INTENSIVE TREATMENT & CHECK UP

The intensive treatment program gives you the opportunity to significantly improve your health and further more ... the time spent on this extraordinary therapy can be enjoyed as a perfect spa stay or as a beautiful and pleasant holiday in the world-famous spa.

The basis is targeted infusion therapy as a modern, flexible and scalable form of treatment, which we rely on the long-term experience and the erudition of our specialists and on the therapeutic and diagnostic possibilities of the modern HERA treatment center.

The main goal of the „intensive treatment“ program is the regeneration and activation of the self-healing process of the organism. We use only proven first class preparations, just like clinics in Germany or Switzerland.

Although it is theoretically possible to buy a therapeutic program for a hotel stay, we recommend a combination of intensive treatment and spa stay, where we combine relaxation and internal regeneration with the help of a natural source (Karlovarské minerální vody) and, on the other hand, new methods of modern medicine. By combining the two components of healing, the effect is mutually enhanced and long-lasting.

PRICE OF THE INTENSIVE TREATMENT PROGRAM

The condition of each patient is individual and in advance it is not possible to determine exact program of the treatment. In the special overview, you can find the most common aims of this treatment, but the treatment plan is always determined by the our phyician after consulting the patient.

When ordering the INTENSIV TREATMENT program, we charge the basic price of the treatment program based on the anticipated goal of the treatment. **It's an excellent base, but after consultation with our specialists You can enhance impact and buy an additional procedures, which we effectively include in Your treatment program:**

- Additional examinations
- Special laboratory analyses and examinations
- Alternatively extend the range of treatment or increase intensity
- To combine multiple areas that you need to be influenced.



For details on main focus of our treatment programs, visit our website or request them at the reception.

WHY TO BUY THE PROGRAM “INTESIVE TREATMENT”.

- **The guest does not waste time.** We plan everything from the first day of your stay.
- **You are sure that the required specialist will be available.** The workload of our specialists is pretty big.
- Some components included in the program are neither available separately.
- It is a **very good basis and the start for solving** other specific requirements and health problems.

CHECK UP “OLYMPIC”

Get detailed information about your health.

Our specialists will perform a general health examination, including the interpretation of the results and structured report.

Price: 39 000 CZK. It is based on a comprehensive laboratory analysis (approximately CZK 19 000 / EUR 800), the subsequent interpretation of the results, further SONO examinations and consultations with specialists of approximately 200 minutes.

WHAT DOES CHECK UP “OLYMPIC” BRING TO YOU?

- Our specialists will get **very comprehensive information about your health.** Based on a sophisticated analysis of laboratory results, you get information on your health imbalances and other possible problems, including a relatively large immunological passport for each patient.
- **We will provide you with detailed medical report,** including suggestions for next steps. If necessary, we recommend other very specific examinations.



0:00–24:00	RECEPTION	☎700
8:00–20:00	HERA SPA CENTER	☎800
	Thermotherapy, baths, hydroxer, massages, physiotherapy, electrotherapy	
9:00–21:00	APOLLO WELLNESS	☎800
	Swimming pool, whirlpool, sauna, salt cave Group exercises, which take precedence over individual use, can take place in the swimming pool or cardio centre (fitness) from 11am to 12am.	
9:00–18:00	APHRODITÉ BEAUTY	☎852
	Hairdresser, manicure, pedicure, beauty salon	

In the spa center Hera on floor level -1 in the office #2 the staff will be happy to schedule your procedures or help with their selection. Anytime you want, you can also contact the reception.

Do not hesitate to contact us anytime that we could customize everything to your comfort.
Some terms are highly demanded.



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